**Aging and Disability Resource Center (ADRC)**

**(Downloaded May 12, 2025)**

**What is an Aging and Disability Resource Center? (source,** [**Texas Health and Human Services website**](https://www.hhs.texas.gov/providers/long-term-care-providers/aging-disability-resource-center-adrc)**)**

Texas Aging and Disability Resource Centers (ADRCs) are highly visible and trusted places where people of all ages, incomes, and disabilities can get information and one-on-one counseling on the full range of long-term services and supports available in Texas. ADRCs provide:

* a person-centered, community-based environment that promotes independence and dignity for individuals;
* easy access to information and one-on-one options counseling to assist consumers in exploring a full range of long-term services and supports to meet their needs and/or situations; and
* resources and services that support the needs of family caregivers.

**Resources**

* [Consumer Website](https://www.hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-centers)
* [Find an ADRC](https://www.hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-centers/find-adrc)

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**ADRC Locations (source,** [**Texas Health and Human Services website**](https://www.hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-centers/find-adrc)**)**

**Alamo ADRC**

206 Schreiner St.  
Kerrville, TX 78028  
Phone: 210-477-3275  
Toll Free: 866-231-4922  
**Counties served:** Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, and Wilson

**Ark-Tex ADRC**

4808 Elizabeth Street  
Texarkana, TX 75503  
Phone: 903-793-2756   
Toll Free: 855-937-2372  
**Counties served:** Bowie, Cass, Delta, Franklin, Hopkins, Lamar, Morris, Red River, and Titus

**Bexar County ADRC**

3991 E. 29th St.  
Bryan, TX 77802  
Phone: 979-595-2831  
Toll Free: 855-937-2372  
**Counties served:** Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

**Capital Area ADRC**

6800 Burleson Road  
Bldg. 310, Suite 165  
Austin, TX 78744  
Correo electrónico: [adrc@capcog.org](mailto:adrc@capcog.org)  
Toll Free: 855-937-2372  
**Counties served:** Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano, Travis, and Williamson

**Central Texas ADRC**

2180 N. Main St.  
Belton, TX 76513  
Correo electrónico: [adrc@capcog.org](mailto:adrc@capcog.org)

 Toll Free: 855-937-2372  
**Counties served:** Bell, Coryell, Hamilton, Lampasas, Milam, Mills, and San Saba

**Coastal Bend ADRC**

2910 Leopard St.  
Corpus Christi, TX 78408  
Phone: 361-883-3935  
Toll Free: 855-937-2372  
**Counties served:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, Nueces, Refugio, and San Patricio

**Concho Valley ADRC**

2801 W. Loop 306  
Suite A  
San Angelo, TX 76904  
Phone: 325-944-9666  
Toll Free: 855-937-2372  
**Counties served:** Coke, Concho, Crockett, Edwards, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton, and Tom Green

**Dallas ADRC**

1345 River Bend Drive  
Suite 200  
Dallas, TX 75247  
Phone: 888-743-1202  
Toll Free: 855-937-2372  
**County served:** Dallas

**Deep East Texas ADRC**

1405 Kurth Drive  
Lufkin, TX 75904  
Phone: 409-381-5255  
Toll Free: 855-937-2372  
**Counties served:** Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

**East Texas ADRC**

501 Pine Tree Road  
Longview, TX 75604  
Phone: 903-295-5922  
Toll Free: 855-937-2372  
**Counties served:** Anderson, Camp, Cherokee, Gregg, Harrison, Henderson, Marion, Panola, Rains, Rusk, Smith, Upshur, Van Zandt, and Wood

**Golden Crescent ADRC**

1908 N. Laurent  
Suite 600  
Victoria, TX 77901  
Phone: 361-578-1587  
Toll Free: 855-937-2372  
**Counties served:** Calhoun, DeWitt, Goliad, Gonzales, Jackson, Lavaca, and Victoria

**Harris County ADRC**

4802 Lockwood Dr.  
Houston, TX 77026  
Phone: 832-393-5564  
Toll Free: 855-937-2372  
**County served:** Harris

**Heart of Texas ADRC**

1514 South New Road  
Waco, TX 76711  
Phone: 254-292-1855  
Toll Free: 855-937-2372  
**Counties served:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Houston-Galveston ADRC**

1111 Collins Road  
Richmond, TX 77469  
Phone: 832-681-2635  
Toll Free: 855-937-2372  
**Counties served:** Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Liberty, Matagorda, Montgomery, Walker, Waller, and Wharton

**Lower Rio Grande Valley ADRC**

301 W. Railroad St.  
Weslaco, TX 78596  
Phone: 956-412-0958  
Toll Free: 855-937-2372  
**Counties served:** Cameron, Hidalgo, and Willacy

**Middle Rio Grande ADRC**

3406 Bob Rogers Drive  
Eagle Pass, TX 78852  
Phone: 830-256-8174  
Toll Free: 855-937-2372  
**Counties served:** Dimmit, Kinney, LaSalle, Maverick, Real, Uvalde, Val Verde, and Zavala

**North Central Texas ADRC**

616 Six Flags Drive  
Arlington, TX 76011  
Phone: 877-229-9084  
Toll Free: 855-937-2372  
**Counties served:** Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, and Wise

**North Texas ADRC**

4309 Jacksboro Highway  
Suite 200  
Wichita Falls, TX 76302  
Phone: 940-234-1644  
Toll Free: 855-937-2372  
**Counties served:** Archer, Baylor, Clay, Cottle, Foard, Hardeman, Jack, Montague, Wichita, Wilbarger, and Young

**Panhandle ADRC**

1323 58th Street  
Lubbock, TX 79412  
Phone: 806-744-2657  
Toll Free: 855-937-2372  
**Counties served:** Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, and Wheeler

**Permian Basin ADRC**

319 Runnels  
Big Spring, TX 79720  
Phone: 800-687-0135  
Toll Free: 855-937-2372  
**Counties served:** Andrews, Borden, Crane, Dawson, Ector, Gaines, Glasscock, Howard, Loving, Martin, Midland, Pecos, Reeves, Terrell, Upton, Ward, and Winkler

**Rio Grande ADRC**

3210 Dyer Street  
El Paso, TX 79930  
Phone: 915-298-7307  
Toll Free: 855-937-2372  
**Counties served:** Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio

**South East Texas ADRC**

228 Durdin Drive  
Sillsbee, TX 77656  
Phone: 409-373-6776  
Toll Free: 855-937-2372  
**Counties served:** Hardin, Jefferson, and Orange

**South Plains ADRC**

1323 58th Street  
Lubbock, TX 79412  
Phone: 806-744-2657  
Toll Free: 855-937-2372  
**Counties served:** Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry, and Yoakum

**South Plains ADRC**

1002 Dicky Lane  
Laredo, TX 78044  
Phone: 956-729-1425  
Toll Free: 855-937-2372  
**Counties served:** Jim Hogg, Starr, Webb, and Zapata

**Tarrant County ADRC**

201 Rupert Street, Suite 107  
Fort Worth, TX 76107  
Phone: 682-207-6107  
Toll Free: 855-937-2372  
**County served:** Tarrant

**Texoma ADRC**

1117 Gallagher Drive  
Suite 200  
Sherman, TX 75090  
Phone: 903-813-3581  
Toll Free: 855-937-2372  
**Counties served:** Cooke, Fannin, and Grayson

**West Central Texas ADRC**

3702 Loop 322  
Abilene, TX 79602  
Phone: 325-793-8440  
Toll Free: 855-937-2372  
**Counties served:** Brown, Callahan, Coleman, Comanche, Eastland, Fisher, Haskell, Jones, Kent, Knox, Mitchell, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, and Throckmorton